

let's do the right thing for Coughton



If you have COVID-19 symptoms



Start isolating

- You for 10 days
- Your household for 14 days



Book a test

- nhs.uk/coronavirus
- or call 119



negative for COVID-19

- Household can stop isolating immediately
- You can stop isolating when symptom free for 48hrs



positive for COVID-19

- You and your household continue isolating
- **Share contacts**
Via NHS Test and Trace

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If you have been identified as a close contact of someone who has tested positive for COVID-19



You may be alerted by NHS Test and Trace



Start isolating
• for 14 days after close contact

If you develop COVID-19 symptoms



Book a test

• nhs.uk/coronavirus • or call 119



negative

- Household can stop isolating immediately
- **You complete 14 days isolation**



positive

- **You begin new 10 day isolation from the start of your symptoms**
- **Your household begin a new 14 day isolation from the start of your symptoms**